



Welcome to MBRFC Mini's and Junior Section –

Parents Information Pack

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Please download forms and sign and
return to the relevant coach with a
cheque made payable to Minehead
Barbarians R.F.C.



Welcome

Dear Parent,

Many thanks for bringing your child(ren) along to Minehead Barbarians R.F.C and we hope it will prove an enjoyable experience over the coming season.

The Mini and Junior section is one of the most successful in the region but we are always looking to welcome new players and to build on what has been achieved in previous seasons.

Whilst the Rugby is focused on the children learning and having fun, it is critical we have your commitment and that you feel a part of the Club. To this end we have a number of social functions and fundraising events throughout the year. Please do look out for these advertised events and do try and come along and support 'your' club.

If you have any questions please contact any of the Coaching team or the Committee and we look forward to all of us having an enjoyable season.

Best regards

Hal Bretherton

Chairman – Mini's and Juniors MBRFC



What is Mini/Junior Rugby?

Mini-rugby is the form of rugby played by children under twelve. It is played according to a sets of rules established by the RFU that will lead a child over time into full 15-a-side rugby as a thirteen year old equipped with the skills and knowledge to play the adult game successfully and safely.

Is Rugby too rough for children?

In the 6-8 year old group there is very little physical contact and no tackling, with the emphasis being on the running and passing skills that are the foundation of the game. At all levels of mini rugby the hand-off is strictly prohibited and qualified coaches supervise the sessions and games to ensure that our number one priority - safety - is achieved.

What do children learn?

- Sporting skills
- Better physical conditioning and good health habits.
- Control of emotions
- Development of self-confidence and assurance.
- Co-operation within a team
- Appropriate standards of behaviour.

Do girls play?

As the game is played with children of varying sizes and athletic ability there is a place in it for most children - boys and girls.



Parents Pack

The attached is an overview of the key information you will need as parents of children at Minehead Barbarians

We are planning to run teams this year for children aged between 6 and 16 years of age ranging from U7s to U17s. This will of course be dependant on the number of players in age group, however we are currently planning to run the following groups:

Tags	Under 9s and below	Non-contact Tag rugby
Midi	Under 10s – 12s	Contact rugby
Junior	Over 12s	Contact rugby

Information on Training and Matches

- Training starts promptly at 10.30 on Sunday mornings and lasts for approximately 1.5 hours (1 hour for U7's).
- Please arrive at the Club by 10.15 and ensure you sign in and sign out your child
- The respective coach for each age group will explain the arrangements for away matches.
- Please support your child at matches, and if possible at training, as it acts as a real encouragement. (Please note parents/guardians of children under the age of 12 must remain with their child or make other suitable arrangements.)
- All coaches are volunteers and so please give them you support
- At matches please be welcoming to opposing parents and children



Minehead Barbarians RFC

Key Contacts

If you have any questions or queries about the Training or the Club in general please do not hesitate to contact us on mbarbarian.rfc@virgin.net or talk to any of coaching staff or committee as follows:

Coaching:

Faye Symes – Coaching Co-Ordinator
U7: Ben Shesby - 07826553285
U8: John Phippen - 07776202494
U9: Giles Hurst- 07968117160
U10: Graham Symes – 07974 065038
U11: Alex Gower - 07792244719
U12: Matin Cook - 07813008639
U13: Hal Bretherton – 07870 646838
U14: Paul Camp – 07970 595965
U15: Tim Barrett – 07977 936840
U16: Nick Mouzouri – 01643 708726
U17: Faye Symes -- 07816553605

Other contacts:

Chair

Huw Evans – 01984 633268 / 07540666084

Secretary & Membership

Simon Hutchinson – 01984 636611

Welfare Officer & Treasurer

Mike Willes – 07974 567011

Child Protection Officer

Lindsay Barrett – 01643 863145

Fixture Secretary

Keith Gould – 07834 956841

Volunteer Co-ordinator

Sean Walsh – 01643 841867 / 07747 037206

Full details are available on our website:

<http://www.mineheadbarbarians.co.uk>



Equipment and Kit requirements

Please remember that Rugby is a winter game so as a general rule please ensure you supply warm clothing for your children and don't forget warm clothing for yourself as it can get cold watching from the touchline.

You will need to supply the following for your child some of which is available from the Club:

- MBRFC shirt ⁽¹⁾
- Black shorts ⁽²⁾
- MBRFC socks ⁽²⁾
- Additional training top
- Mouth guard ⁽³⁾
- Boots with studs ⁽⁴⁾

1. The shirt is mandatory at a cost from £15
2. We are building up supplies of kit for sale and full details are available at the club. This will include some second hand equipment such as boots.
3. This is a mandatory requirement of the RFU and your child will **not** be allowed to play without one. These can be bought for as little as £2 but we suggest you pay a little more as this is an important part of your child's safety.
4. The boots can be Football or Rugby but must have studs, no blades. If unsure please check with the coaching staff

If you have any questions please ask.



MBRFC Child Protection Policy

Minehead Barbarians RFC has adopted the RFU's Child Protection Policy and has appointed a Child Protection Officer who are:

Lindsay Barrett – 01643 863145

Email MillieMooCow@aol.com

To support the policy we are in the process of, or have put in place, the following:

- A Code of Conduct
- CRB vetting of all coaches & volunteers
- All coaches to become qualified RFU coaches
- A Reporting procedure

Full details of the Child Protection Policy will soon be available on our website, however if you require a printed copy please contact Lindsay or look at our notice board.



Codes of Conduct

Code of conduct for Coaches

- Consider the well-being and safety of the children before the development of performance.
- Develop an appropriate working relationship with the children, based on mutual trust and respect.
- Make sure all activities are appropriate to the age, ability and experience of those taking part.
- Promote the positive aspects of the sport (e.g. fair play)
- Display consistently high standards of behaviour and appearance
- Follow all guidelines laid down by the national governing body and the club
- Hold the appropriate, valid qualifications and insurance cover
- Never exert undue influence over performers to obtain personal benefit
- Never condone rule violations, rough play or the use of prohibitive substances

Code of Conduct for the Children

- Participate for the fun of it, not just to please your parent or coach
- Play by the laws of the game
- Accept all the referee's decisions
- Control your temper – you and your team will benefit
- Keep trying – even when it seems hopeless
- Be a good sport
- Treat all players as you yourself would like to be treated
- Co-operate with your coach, referee, team mates and opponents
- Do not “over celebrate” after scoring
- Work equally hard for yourself and the team



Code of Conduct for the Parents

- Foster enthusiastic participation.
- Do not force an unwilling child to play.
- Children learn best by example. Always applaud good play by either team.
- Always encourage your child to play by the laws of the game.
- Encourage your child who has made a mistake during a game - never ridicule
- Never intimidate opposing team / spectators
- Use appropriate language not abusive or swearing
- Please keep off the pitch during matches
- Teach your child that honest effort is just as important as victory so defeat is less disappointing
- Encourage respect for coaches, referees and line judges. Do not publicly question their decisions or honesty
- Appreciate the value and importance of volunteers, coaches and referees. They give up their time and resources to provide Rugby for your child.
- Recognise that children play Rugby for their own fun. They are not there to entertain you, and they are not miniature internationals!



Membership Fees

For the 2009/10 Season the membership fee shall be as follows:

Fees:-

1st Child - £20.00

2nd Child - £15.00

Subsequent children are £10.00 each

Volunteers

As with all Clubs and Societies the future success of our club will only be maintained by the valued help of the Volunteer. We are always keen to have more people help us with Social Events, Coaching, Sunday training etc.

Upon becoming a member it is expected that you will do 2 Sunday sessions per season. Should you have any questions or want to become more involved then please contact our Volunteer Co-ordinator Sean Walsh 01643 841867 or 07747 037206